



# **Training Course on Inpatient Management of Severe Acute Malnutrition**

**Children 6–59 Months with SAM and Medical Complications**

# Training Course on Inpatient Management of Severe Acute Malnutrition

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- ❑ The course teaches procedures found in the:
  - a. World Health Organization (WHO) manual on *Management of severe malnutrition: a manual for physicians and other senior health workers*
  - b. *Interim National Guidelines for CMAM in Ghana*
  
- ❑ The training course was developed in 2002 by WHO. Since then new evidence and innovations, such as Community-Based Management of Acute Malnutrition (CMAM) have come up. This course has been adapted for Ghana and includes latest evidence in the management of severe acute malnutrition (SAM).
  
- ❑ Procedures are shown to reduce case fatality from over 30% to less than 5%.
  
- ❑ Training is for doctors and senior nurses in hospitals that contain Inpatient Care. Dieticians and nutritionists will also benefit from this training course.

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- ❑ Participants are doctors, senior nurses, nutritionists, and dieticians who manage children with SAM in Inpatient Care
- ❑ 2-3 facilitators and 12-15 participants
- ❑ Facilitators assist participants to learn the procedures
- ❑ Facilitator training is 3½ days
- ❑ Facilitators work in pairs
- ❑ Each pair (or three facilitators) is assigned to a group of about 15 participants

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## Materials:

- Set of seven modules
- Photographs* booklet
- Facilitator Guide*
- Answer sheets
- Set of laminated job aids
- Set of Inpatient Care forms and checklists
- Videos
- Slide presentation
- For reference, *Interim National Guidelines for CMAM in Ghana*

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## Objectives of facilitator training:

- Learn the course content.
- Practice teaching techniques.
- Become familiar with the ward (Inpatient Care) and plans for clinical practice.
- Learn to work with a co-facilitator.
- Practice supportive communication to reinforce learning.
- Plan how to handle problems.

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Teaching methods are **based on assumptions about learning.**

- Instruction should be performance based.
- Active participation increases learning.
- Immediate feedback increases learning.
- Learning is increased when instruction is individualised.
- Positive motivation is essential if learning is to take place.

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## Schedule:

- Facilitator training is 3½ days.
- Case management training course is 6 days.
- The facilitator training will:
  - Move quickly through the modules
  - Focus mainly on teaching techniques
  - Include one clinical session

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## Duties of a facilitator:

- Introduce each module.
- Answer questions and assist participants while they work.
- Provide individual feedback on completed exercises.
- Do demonstrations and give explanations.
- Conduct oral drills.
- Lead and summarise video exercises and group discussions.
- Coordinate role plays.
- Summarise the modules.
- Assist with clinical practice, as requested.



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## The *Facilitator Guide* contains:

- Checklist of instructional materials and supplies
- Guidelines for teaching each module:
  - Procedures table
  - Notes for each step of the procedures
  - Grey boxes with special notes for nurses groups
  - Blank box at end of section for additional notes
- 'Guidelines for all modules' at the end of the Guide
- Answer sheets in separate packet