Ngoma ya Roho (Dance of the Soul)

With support from USAID/Tanzania, the Food and Nutrition Technical Assistance III Project (FANTA) collaborated with Media for Development International, the Tanzania Food and Nutrition Centre and leading Tanzania film industry talent to write and produce a feature film to communicate nutrition messages and model good practices for the first 1,000 days and dietary diversity to reduce the high rate of stunting in Tanzania. The Honourable Minister of Health, Community Development, Gender, Elderly and Children contributed a testimonial at the end of the film.

FILM SYNOPSIS

Minza, a dancer with a community theatre group, becomes pregnant. After having her baby, she abruptly leaves him to go to Dar es Salaam to pursue her dream of being a dancer. There she learns about the importance of optimal infant feeding and care. When she hears that her baby is severely malnourished, she returns home, resolved to take better care of him.

DVD AND DISCUSSION GUIDE

USAID Implementing Partners will receive copies of the DVD and film discussion guide for programmatic use.