

FOOD AND NUTRITION TECHNICAL ASSISTANCE

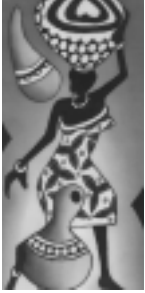
Food Interventions in the Context of HIV/AIDS

HIV and Food Aid: Assessment for Regional Programs and Resource Integration Workshop
Entebbe, Uganda

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Global Goals

- **President's Plan for Emergency AIDS Relief Goals**
 - 2 million HIV-infected on treatment
 - 7 million infections prevented
 - 10 million provided with care & support
- **WHO and UNAIDS**
 - 3 X 5 Initiative - 3 million HIV+ on ART by 2005



Treatment

Intervention	Nutrition education and counseling for ART clients
Objective	To support client adherence, improve drug efficacy, and manage side effects of ART
Programming Issues	Materials exist: <ul style="list-style-type: none"> • RCQHC counseling materials (forthcoming) • RCQHC Training Manual on HIV/AIDS and Nutrition • National guidelines

Treatment

Intervention	Supplementary food for ART clients
Objective	To improve client nutritional status, promote client adherence, improve drug efficacy, and manage side effects of ART
Programming Issues	<ul style="list-style-type: none"> • Take-home rations • Need links with clinic, pharmacy or lists of ART clients for targeting • Experience with this will scale up as ART delivery scales up

Treatment

Intervention	Supplementary food for PLWHA who do not yet qualify for ART
Objective	To provide an incentive for follow-up until eligible for ART
Programming Issues	<ul style="list-style-type: none"> • Take-home rations • Any experience?

Prevention

Intervention	Supplementary food to HIV infected and affected
Objective	To provide a safety net and income transfer to prevent adoption of risky livelihood strategies
Programming Issues	<ul style="list-style-type: none"> • Take-home rations • Already a secondary objective of many food aid programs

Prevention

Intervention	Supplementary food for vulnerable populations
Objective	To provide an incentive to participate in HIV/AIDS awareness, behavior change, or counseling services
Programming Issues	<ul style="list-style-type: none"> • Take-home rations • Similar to use of food as an incentive in MCHN activities

Care & Support

Intervention	Nutrition education and counseling for PLWHA
Objective	To help PLWHA manage symptoms, meet nutritional needs, and maintain healthy weight
Programming Issues	<p>Materials exist:</p> <ul style="list-style-type: none"> • RCQHC counseling materials • RCQHC Training Manual on HIV/AIDS and Nutrition • National guidelines • FAO Living Well with HIV/AIDS • FANTA Guide on Nut Care & Support • SAFAIDS Fact Sheets

Care & Support

Intervention	Supplementary food for moderately malnourished children and adults living with HIV/AIDS
Objective	To support nutritional rehabilitation of moderately malnourished PLWHA
Programming Issues	<ul style="list-style-type: none"> • Take-home rations or on-site feeding • Delivered through community-based programs, home-based care, palliative care, or other services • Targeting through anthropometric measurement

Care & Support

Intervention	Therapeutic food for severely malnourished infected and affected children & adults
Objective	To rehabilitate severely malnourished infected and affected children & adults
Programming Issues	<ul style="list-style-type: none"> • On-site feeding • Use of specific foods, such as BP-100, F-100, F-75, Plumpynut, local versions of Plumpynut • Targeting through anthropometric measurements & clinical signs • Malawi study to assess effectiveness of CTC approach – results in Feb 2005

Care & Support

Intervention	Supplementary food to HIV-affected households
Objective	To provide a safety net and income transfer to increase access to food and to help meet nutritional needs
Programming Issues	<ul style="list-style-type: none"> • Take-home rations • Can be used to support OVCs and HH caring for them

Care & Support

Intervention	School feeding
Objective	To increase school attendance and retention, improve student concentration and educational attainment, increase access to food for OVCs, & income transfer to host families
Programming Issues	<ul style="list-style-type: none"> • On-site feeding and/or take-home rations • Target schools in areas with high concentration of OVCs • Includes day care feeding • Schools may be best source of psychosocial support

Care & Support

Intervention	Supplementary food for OVCs and/or other HIV affected individuals through Food-for-Training
Objective	To provide an incentive for participation in vocational or other skill training
Programming Issues	<ul style="list-style-type: none"> • On-site feeding or take-home ration • Usually targeted at older OVCs or widows

Care & Support

Intervention	Food commodities for institutions caring for OVCs or providing services for OVCs - including street children
Objective	To increase access to food that can help meet nutritional needs of OVCs, act as an incentive for services and reduce institution's costs
Programming Issues	<ul style="list-style-type: none"> • More likely in urban areas • Experience with this intervention - WFP/Uganda, God's Golden Acre/South Africa,

Care & Support

Intervention	Food commodities for institutions caring for PLWHA for use in services provided to PLWHA
Objective	To increase PLWHA's access to food, help meet nutritional needs and reduce institutional costs.
Programming Issues	<ul style="list-style-type: none"> • Food to hospitals, hospices, etc.

Care & Support

Intervention	Micronutrient supplementation for PLWHA
Objective	To correct the existing nutritional deficiencies of PLWHA
Programming Issues	<ul style="list-style-type: none"> • Micronutrient requirements over RDA for PLWHA are not known • Concern that high doses of some nutrients may cause adverse outcomes, e.g., vitamin A, iron, zinc

PEPFAR Support

Nutrition counseling & education	<input checked="" type="checkbox"/> Yes
Food (locally purchased)	<input checked="" type="checkbox"/> Maybe
Micronutrient supplements	<input checked="" type="checkbox"/> Unclear