

## HANDOUT 13.2. OBSERVATION CHECKLIST FOR FOLLOW-UP COUNSELLING AND REFERRAL

Did the community health worker ...	Yes	No
Greet the client?		
Check the client's feeding and nutrition progress?		
Ask whether the client tried the agreed practice?		
Congratulate the client for trying the new practice?		
Ask what happened when the client tried the new practice?		
Ask whether the client made any changes in the new practice and why?		
Ask what difficulties the client had and how he/she solved them or help the client find ways to solve them?		
Listen to the client's questions and concerns?		
Assess whether new complications have come up and address them?		
Ask the client whether he/she likes the practice and thinks he/she will continue?		
Praise the client and motivate him/her to continue?		
Remind the client to get weighed regularly?		
Talk to the client about a new practice?		
Encourage the client to try a new practice?		
Help the client plan specific actions to improve his/her eating and nutrition?		
Give the client more handouts and materials if needed and available?		
Update his/her notes and information on the client?		
Agree on a date for the next visit?		