

# HANDOUT 13.1. CASE SCENARIOS FOR FOLLOW-UP AND REFERRAL

## Case 1. Jimmy

Jimmy has poor eating habits and is depressed and feels generally weak. He is nauseated and vomiting and has a poor appetite. He drinks alcohol and smokes cigarettes. He is taking ARVs and TB medication. On the first visit of the community health worker (CHW), Jimmy agreed to improve his food intake by eating three times a day.

## Case 2. Helen

Helen has oral thrush and low weight and is taking ARVs. On the first visit of the CHW, Helen agreed to go for periodic weighing.

## Case 3. Maria

Maria is taking ARVs and feels dizzy and tired. On the first visit of the CHW, Maria agreed to take her medicines according to the dosages and schedule recommended by the doctor.