

# HANDOUT 11.2. CASE SCENARIOS FOR NUTRITION CARE AND SUPPORT OF HIV-POSITIVE PREGNANT AND LACTATING WOMEN

## Group 1 scenario

Hawa, a sick HIV-positive pregnant woman, has lost a lot of weight. What nutrition counselling and support would you give her? When and how?

## Group 2 scenario

Hawa, an HIV-positive pregnant woman, has gained weight and is strong. What nutrition counselling and support would you give her at this time? When and how?

## Group 3 scenario

Hawa, an HIV-positive pregnant woman, has lost a lot of weight and is bedridden. What factors do you think led to her weight loss? What nutrition counselling and support would you give her?