

Session 13: Expectations after the Training

Purpose: During this session, participants will plan and conceptualize the changes they will make in their workplaces to improve the quality of nutritional care and support in the CCC, including the use of materials provided in the training and reporting to NASCOP.

Objectives: By the end of the session, participants should be able to:

1. Describe the expectations of NASCOP and the Ministry of Health regarding what to report, the format in which to report, and when.
2. Make an action plan of activities they will implement to strengthen the integration of nutrition in the care and treatment of PLHIV immediately after they return to their workplaces.

Advance preparations

1. Make enough copies of the *Simple Action Plan Matrix* and *Supervision Checklist* presented below for all participants.

Proposed Session Time: 2 hours

Topic 13.1: Review the objectives of Session 13 (Listed above; use PowerPoint or flip chart.) *(5 minutes)*

Topic 13.2: Share NASCOP/DASCO expectations *(30 minutes)*

- Ask a NASCOP or DASCO representative to share expectations of improved operation/performance in nutritional care in the CCCs.
- Share the proposed indicators for data collection (4–5 indicators to be reported).
- Share a copy of the *Supervision Checklist*.
- Allow discussion of expectations and the *Supervision Checklist*. *(Handout)*

Topic 13.3: Developing an action plan

Group Work: *(85 minutes)*

- Have participants from the same (or related) organisation, province or district sit together to develop a 3–9-month action plan.
- Distribute the *Simple Action Plan Matrix*.
- Give the groups time to discuss activities they may undertake immediately and in the next two quarters to integrate what they have learned into the care and support of PLHIV passing through the CCC.
- Ask the groups to present their action plans in the plenary and get feedback from other participants.

Example of a Supervision Checklist

Facility Name: _____

District: _____

Supervisor: _____

Date: _____

What to assess?	y/n
1. Health unit/program offering CCC/ART services has the 2006 Kenyan Guidelines on Nutrition and HIV/AIDS.	
2. The CCC/ART centre has a staff trained in nutrition and HIV/AIDS attending in the centre every time it is operational.	
3. Service provider(s) providing nutritional education and counselling has/have undergone MOH-approved nutritional training for CCC/ART within the past 3 years.	
4. Service provider(s) providing nutritional education and counselling in the CCC/ART centre knows/know all the 9 <i>critical nutrition practices</i> for PLHIV in Kenya.	
5. The nutrition counsellor has IEC/BCC materials and locally relevant demonstration materials in the counselling room.	
6. The health unit/program offering CCC/ART has a functional weighing machine.	
7. The health unit/program offering CCC/ART has the nutrition counselling cards.	
8. Clients are provided with nutritional counselling in an area that provides for audio and visual privacy.	
9. ART clients/adults meeting specified criteria (e.g. with BMI < 18.5) are given food supplements or referred to services where they can receive food.	
10. The service provider provides nutritional counselling, setting targets and objectives with the client.	
11. The service provider provides the client with a return date and follow-up plan.	
12. The health facility orders and stocks adequate supplies of nutrition kits to last at least one month.	
13. Service providers have enough forms and registers to record nutrition assessment information before the counselling sessions begin.	
14. Nutrition data are collected routinely (data from the previous 2 weeks can be seen) and the data are compiled in a timely fashion, i.e. data from the past quarter are tabulated).	
15. The CCC site has reported the nutritional data (key variables) of the past quarter to the district and national levels.	
16. The CCC site leader knows what percentage of clients coming to the CCC in the past quarter had BMI < 18.5.	
17. The CCC has a system for using nutritional data for management and has used the data in the last quarter.	

